

# TOP TIPS

For working with children and young people with autism

Information provided by CAFCASS

1

I like professionals to talk to me calmly and not talk over me

2

Don't talk over me, wait for me to answer your question first, and let me finish

3

Don't speak to me like a baby

4

Give me simple questions so I don't get confused

5

Always give me eye contact and ask me if I understand

6

Never try to force me to do things that I do not want to do

7

Never make false promises, if you say you are going to do something make sure you do it as sometimes I think it is a promise

8

It feels good to be given good feedback

9

I am a creature of habit, I like routine

10

When I am upset, let me calm down in my own way